



# Lauren E. Appleby

Associate

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Lauren helps clients resolve labor and employment-related disputes and advises them on day-to-day workplace issues and compliance matters.

## Services

- Labor & Employment

## Before Fox Rothschild

A former summer associate, Lauren joined us full-time after earning her law degree.

While attending Wake Forest University School of Law, Lauren interned with the Honorable Douglas Arpert of the U.S. District Court for the District of New Jersey and practiced in the school's Trade & Development Clinic. She also was a Senior Notes and Comments Editor of the *Journal of Law & Policy*, a Wake Law Ambassador, the Class Representative to the Honor Council and the 1L Representative & Events Director for Women in Law. Lauren held memberships with the First-Generation Law Student Organization and the Phi Alpha Delta Law Fraternity.

## Bar Admissions

- New Jersey
- Pennsylvania

## Education

- Wake Forest University School of Law (J.D., 2025)
- Saint Joseph's University (B.A., 2022)

## Publications

February 10, 2026

**New Jersey Significantly Expands Family Leave Eligibility and Protections**